

Living with Dying: What Death Teaches Us About Living

Three Saturdays in February, 2025

10:00 am - 12:30 pm

First Presbyterian Church - Sandpoint
417 N Fourth Ave, Alder Street entrance

February 1: Death and Dying

February 8: Grief in its many faces

February 15: What Matters Most: How do we want to live

- Explore through sharing stories, experiences and activities.
- Explore what is helpful in walking with people who are grieving or facing their loved one's death.
- Explore what really matters in the end.

The sessions will be facilitated by Ginna Minervini, LCSW. Ginna is a psychotherapist and mindfulness teacher with over 20 years as a hospice volunteer and seven years working for a local hospice. She has extensive experience at the bedside and with people grieving the loss of loved ones.

Registration is required, space is limited.

Register for any session of the series or all three.

Suggested donation \$25 each session or \$60 for three.

Contact Sharon to register: sharonsharealike47@gmail.com

Or call the church office: 208-263-2047